

### **LICENSURE/CERTIFICATION**

2001-Present CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS  
BOARD OF BEHAVIORAL SCIENCES  
*Licensed Marriage and Family Therapist (MFC 38488)*

2001-Present ASSOCIATION FOR PLAY THERAPY  
*Registered Play Therapist (2001), Registered Play Therapist-Supervisor (2008)*

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### **PROFESSIONAL EXPERIENCE**

2001-Present SUSAN KELSEY, MFT, RPT-S-PRIVATE PRACTICE: Costa Mesa, CA  
*Child and Adolescent Psychotherapist*  
Provide psychological evaluation and psychotherapy to children, adolescents, and families as an independent, private practice psychotherapist. Specialize in working with children from birth through eighteen using play therapy and traditional strategies for a variety of issues including anxiety, depression, trauma, ADHD, PTSD, anger, adjustment disorders, divorce, grief, behavioral problems, pervasive development disorders, etc. Website: [www.susankelseymft.com](http://www.susankelseymft.com)

2000-2002 DR. DUGGAN AND ASSOCIATES: Long Beach, CA  
*Psychotherapist*  
Provide psychological evaluation and psychotherapy to children, adolescents, and adults. Issues include ADHD, adjustment to family changes, divorce, and other traumatic life events, substance abuse, depression, anger, defiance, acting out, and school academic and behavioral problems. Utilize play therapy techniques in addition to cognitive-behavioral strategies. Provide individual, couples, and family psychotherapy. Website: [www.dr.dugganandassociates.com](http://www.dr.dugganandassociates.com)

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### **INTERNSHIPS**

1999-2000 COMMUNITY FAMILY GUIDANCE CENTER: Cerritos, CA  
*Outpatient Therapist/MFT Intern*  
Provided counseling to children, adolescents, and their families representing various cultural backgrounds. Diagnoses included PTSD, ADHD, depressive disorders, Conduct Disorder, Oppositional-Defiant Disorder, and Pervasive Developmental Disorders. Provided individual, conjoint, child, and family therapy.

1998-2000 PARAMOUNT UNIFIED SCHOOL DISTRICT  
*Counseling Assistant/MFT Student Intern*  
Provided school based counseling services to children from grades K-8  
*Foster Youth Counselor/MFT Intern*  
Provided weekly counseling sessions to children in foster care  
*School Counselor/MFT Intern*  
Provide school counseling services to a local catholic K-8 school, as directed by the Paramount Unified School District

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## EDUCATION

2000-2001	UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENDED STUDIES Play Therapy Certificate (GPA = 4.0)
1997-1999	CALIFORNIA STATE UNIVERSITY, LONG BEACH: Long Beach, CA Master of Science, Counseling/Marriage and Family Counseling (GPA = 4.0)
1987-1994	CALIFORNIA STATE UNIVERSITY, LONG BEACH: Long Beach, CA Bachelor of Arts, Neuroscience ( <i>Cum Laude</i> )

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## PROFESSIONAL MEMBERSHIPS

1997-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <i>Clinical Member Website: <a href="http://www.camft.org">www.camft.org</a></i>
2003-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, ORANGE COUNTY CHAPTER <i>Clinical Member. Website <a href="http://www.occamft.org">www.occamft.org</a></i>
1999-Present	ASSOCIATION FOR PLAY THERAPY <i>Clinical Member. Website: <a href="http://www.a4pt.org">www.a4pt.org</a></i>
1999-Present	CALIFORNIA ASSOCIATION FOR PLAY THERAPY <i>Clinical Member. Website: <a href="http://www.calapt.org">www.calapt.org</a></i>

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## BOARDS OF DIRECTORS/COMMITTEES/ADVISORY BOARDS

2003-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS ORANGE COUNTY CHAPTER <i>Board of Directors 2003-2016, Treasurer 2014-2016, Past-President, 2008-2010</i>
2005-Present	CALIFORNIA ASSOCIATION FOR PLAY THERAPY - ORANGE COUNTY CHAPTER <i>Founding Member, Past-President 2005-2007</i>
Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <i>Former Board Member-at-Large, Current Audit Committee Member and CEPA Committee Member</i>
Present	CALIFORNIA ASSOCIATION FOR PLAY THERAPY <i>Former Board Member-at-Large; Treasurer, 2016-2018</i>
2005-2011	ARGOSY UNIVERSITY <i>Former Advisory Board Member</i>
1995-2003	JONATHAN JAQUES CHILDREN'S CANCER CENTER <i>Former Advisory Board Member</i>

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## MEDIA

Interviewed on "Daybreak OC" morning television news "Smart Toys to Buy Your Kids for the Holidays", December 21, 2007 (separate interviews for two broadcasts)

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## TEACHING EXPERIENCE

2016	UNIVERSITY OF CALIFORNIA, SAN DIEGO <i>Adjunct Professor, UCSD Extension, Play Therapy Certificate Program</i>
2006	ARGOSY UNIVERSITY <i>Adjunct Professor, "Counseling Children and Adolescents"</i>
1994-1996	LONG BEACH UNIFIED SCHOOL DISTRICT <i>Substitute Teacher. K-8</i>
1994-1995	CERRITOS COLLEGE SUMMER SCIENCE WORKSHOPS <i>"Neuroscience for Kids"</i>

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## PUBLICATIONS

### BOOKS:

*Therapy Has Gone to the Dogs*, Create Space Publishing Company, 2013

*If I Were a Superhero, Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques*, ed. Liana Lowenstein, MSW, pg. 32

### MAGAZINE ARTICLES:

- Kelsey, S. (2013, May). Unappreciated Mom, *Parenting Orange County* "Ask the Experts," 16
- Kelsey, S. (2012, December). Dieting Habits in Children *Parenting Orange County* "Ask the Experts," 20-24
- Kelsey, S. (2012, November). When a Grandparent Has Alzheimer's *Parenting OC* "Ask the Experts," 21-22
- Kelsey, S. (2012, October). Scary Dreams and Nightmares *Parenting Orange County* "Ask the Experts," 19-20
- Kelsey, S. (2012, August). Succeeding Through Failure *Parenting Orange County* "Ask the Experts," 14-15
- Kelsey, S. (2012, June). Bikini's for 'Tweens? *Parenting Orange County* "Ask the Experts," 16
- Kelsey, S. (2012, April). Is Your Child a Bully? *Parenting Orange County* "Ask the Experts," 18-19
- Kelsey, S. (2012, February). Life With a New Baby *Parenting Orange County* "Ask the Experts," 13
- Kelsey, S. (2011, June). Discipline Decisions, *Parenting Orange County* "Ask the Experts," 15-18
- Kelsey, S. (2011, January-March), The Therapeutic Benefits of Play, *The Central Valley Therapist*, 6-7
- Kelsey, S. (2011, January). Curbing Enthusiasm. *Parenting OC* "Ask the Experts," 16-18
- Kelsey, S. (2010, September). Pop Star Impersonator. *Parenting OC* "Ask the Experts," 20-21
- Kelsey, S. (2010, June). Preventing a Green-eyed Toddler. *Parenting Orange County* "Ask the Experts," 21-25
- Kelsey, S. (2010, April). Better Behavior. *Parenting Orange County* "Ask the Experts," 21-22
- Kelsey, S. (2009, December). Yule Schedule (quoted in). *OC Family*, 34-36
- Kelsey, S. (2009, November). Separated...With Children. *Parenting Orange County* "Ask the Experts," 21-25
- Kelsey, S. (2009, September). Words for the Bully. *Parenting Orange County* "Ask the Experts," 18
- Kelsey, S. (2008, May/June). The Art of Appreciation. *Today's Woman*, 45-46
- Kelsey, S. (2008, April). Life Unplugged (quoted in). *Parenting Orange County*, 28-30
- Kelsey, S. (2008, March/April). Compromise – A Lose/Lose Proposition. *Today's Woman*, 45-46
- Kelsey, S. (2007, July). Separation Anxiety. *Parenting Orange County* "Ask the Experts," 18-19
- Kelsey, S. (2007, May). Dating...With Children. *Parenting Orange County* "Ask the Experts," 13-14
- Kelsey, S. (2005, February). Exploring Private parts. *Parenting Orange County* "Ask the Experts," 10-11

## **PRESENTATIONS/TRAININGS GIVEN/SCHEDULED**

2016 CAMFT – ORANGE COUNTY CHAPTER  
Children Who Survive & Thrive in Adversity: The Emerging Science of Resilience

2016 CHAPMAN UNIVERSITY, ORANGE, CALIFORNIA  
Introduction to Play Therapy (3 hours)

2016 SUSAN KELSEY, LMFT, RPT-S, FREMONT, CALIFORNIA  
Treating Traumatized Children: Neurobiology & Treatment Considerations (6 hours)

2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Treating Traumatized Children: Neurobiology & Treatment Considerations (6 hours)

2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION  
Structured Play Therapy Class #2 (7 hours)

2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION  
Structured Play Therapy Class #1 (7 hours)

2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION  
Child-Centered Play Therapy Class #2 (7 hours)

2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION  
Child-Centered Play Therapy Class #1 (7 hours)

2016 TURNING POINT CENTER FOR FAMILIES  
Introduction to Play Therapy (3 hours)

2016 SUSAN KELSEY, LMFT, RPT-S, HYATT PLACE/FREMONT SILICON VALLEY  
Play Therapy Interventions Galore! (6 hours)

2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Play Therapy Interventions Galore! (6 hours)

2016 SUSAN KELSEY, LMFT, RPT-S, FREMONT, CALIFORNIA  
Child-Centered Play Therapy (6 hours)

2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Child-Centered Play Therapy (6 hours)

2016 SUSAN KELSEY, LMFT, RPT-S, HYATT PLACE/FREMONT SILICON VALLEY  
Introduction to Play Therapy

2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Introduction to Play Therapy (6 hours)

2015 PEPPERDINE UNIVERSITY  
Introduction to Play Therapy (6 hours)

2015 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Play Therapy Interventions Galore!

2015 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Child-Centered Play Therapy (6 hours)

2015 PEPPERDINE UNIVERSITY  
Introduction to Play Therapy (6 hours)

2015 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Introduction to Play Therapy (6 hours)

2014 CENTRAL VALLEY CHAPTER CALAPT  
Play Therapy Interventions Galore! (6 hours)

2014 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Play Therapy Interventions Galore! (6 hours)

2014 SUSAN KELSEY, LMFT, RPT-S, ORANGE COUNTY CAMFT  
Working With Families on the Autism Spectrum (3 hours)

2014 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Child-Centered Play Therapy (6 hours)

2014 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA  
Introduction to Play Therapy (6 hours)

**PRESENTATIONS/TRAININGS GIVEN/SCHEDULED (cont)**

2013	WESTERN YOUTH SERVICES, ANAHEIM, CA <u>Play Therapy Interventions part I and II</u> (3 hours)
2012	CALIFORNIA ASSOCIATION FOR PLAY THERAPY, SOUTHERN CALIFORNIA REGIONAL CONFERENCE, ORANGE, CA. (3 hours)
2012	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS ANNUAL CONFERENCE, SAN DIEGO, CA <u>Has Therapy Gone to the Dogs? Using Animals in Psychotherapy</u> (3 hours)
2011	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <u>Treating Traumatized Children: Neurobiology and Treatment Considerations</u> (6 hours)
2011	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, ORANGE COUNTY CHAPTER <u>“Play Therapy to Go”</u> (3 hours)
2011	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, CENTRAL SAN JOAQUIN VALLEY CHAPTER, FRESNO, CA <u>Using Play Therapy to Reach the Soul</u> (6 hours)
2010	LIVING SUCCESS CENTER, ORANGE COUNTY, CA <u>Introduction to Play Therapy</u> (3 hours)
2010	ALTERNATIVE FAMILY SERVICES, OAKLAND, CA. <u>Play Therapy on the Go</u>
2009	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, THOUGHT LEADERS IN MENTAL HEALTH, SAN FRANCISCO, CA <u>Effective Treatment of Children &amp; Adolescents</u>
2009	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, LONG BEACH/SOUTH BAY CHAPTER <u>Play Therapy: Using Projective Strategies with Children</u>
2008	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, THOUGHT LEADERS IN MENTAL HEALTH, LOS ANGELES, CA <u>Counseling Children and Adolescents using Play Therapy</u>
2008	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, THOUGHT LEADERS IN MENTAL HEALTH, SAN FRANCISCO, CA <u>Counseling Children and Adolescents using Play Therapy</u>
2007	ASSOCIATION FOR PLAY THERAPY ANNUAL CONFERENCE, L.A., CA <u>Neuroscience and Child Therapy</u>
2007	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, ORANGE COUNTY CHAPTER <u>The Biological Basis of Trauma</u>
2006	MARIPOSA WOMEN’S AND FAMILY CENTER, ORANGE, CA <u>Treating Traumatized Children</u>
2006	PEPPERDINE UNIVERSITY, LOS ANGELES <u>Sand Tray Techniques for Children and Adolescents</u>
2006	ARGOSY UNIVERSITY <u>Children’s Groups</u>
2005	TURNING POINT COUNSELING CENTER <u>Play Therapy Interventions</u> ARGOSY UNIVERSITY <u>Children’s Groups</u>
2005	ARGOSY UNIVERSITY <u>Introduction to Play Therapy</u>
2005	PEPPERDINE UNIVERSITY <u>Play Therapy: Theory and Interventions</u>
2005	MARIPOSA WOMEN AND FAMILY CENTER, ORANGE, CA

**PRESENTATIONS/TRAININGS GIVEN/SCHEDULED (cont)**

- 2005 LONG BEACH GUIDANCE CENTER, LONG BEACH, CA  
Working with High Conflict Families
- 2005 ASSOCIATION FOR PLAY THERAPY/ORANGE COUNTY CHAPTER  
Working with Families in High Conflict Divorce
- 2005 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,  
ORANGE COUNTY CHAPTER  
Working with Families in High Conflict Divorce
- 2004 ASSOCIATION FOR PLAY THERAPY  
Play Therapy: Theory and Interventions 2004  
ARGOSY UNIVERSITY  
Children's Groups
- 2003 ARGOSY UNIVERSITY  
Play Therapy: Techniques and Interventions
- 2003 ARGOSY UNIVERSITY  
Play Therapy with Children's Groups
- 2003 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,  
ORANGE COUNTY CHAPTER  
Play Therapy: Trusting Your Intuitions When Working With Children
- 2002 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,  
LONG BEACH/SOUTH BAY CHAPTER  
Play Therapy: Techniques and Interventions
- 2001-2004 CALIFORNIA STATE UNIVERSITY LONG BEACH  
Play Therapy: Techniques and Interventions
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**PROFESSIONAL VOLUNTEER ACTIVITIES**

- 2007-Present COMFORT ZONE CAMP, *Healing Circle Leader*  
Facilitate groups for grieving children (7-17) at weekend camps (13 camps to date)  
Website: [www.comfortzonecamp.org](http://www.comfortzonecamp.org)